

Contact Information

Catskill Center for Independence

Rachael Halstead, Transition Specialist
607.432.8000 (Office) 607.376.1260 (Cell)

PO Box 1247

Oneonta, NY 13820

Nursing Home Social Worker /
Discharge Planner:

Your local Ombudsman
(Resident Advocate)

The Catskill Center for Independence provides services to individuals with disabilities, their family and friends, and members of both the private and business sectors of the community

Cores Services

Information & Referral
Systemic and Personal Advocacy
Independent Living Skills
Peer Counseling

Focus Areas

Employment Services
Transition Services
Benefits Advisement
Architectural Barrier Consultation

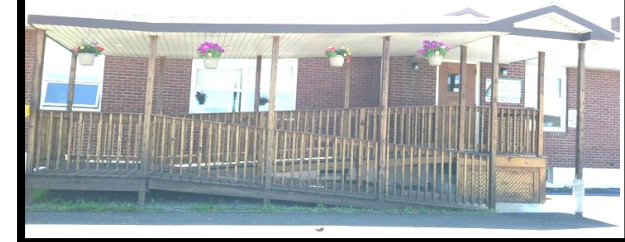


Catskill Center for Independence
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Your Right to Get Information About Returning to the Community

*The Catskill Center for
Independence*



Learn how we can help you determine if you can live in the community and obtain the necessary services and supports.

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Catskill Center for Independence is a locally based agency that provides a variety of services to people with all types of disabilities.

One of the services the Center offers is assistance to individuals living in a nursing home who wish to move back into their community.

This program, funded by NYS Department of Health is designed to work with you, family or friends you want involved in the process, and the staff at the nursing home.

Rachael Halstead, the Center's Transition Specialist will provide you with comprehensive, unbiased information about home and community based services you may need in order to return to your home.

Once equipped with this information, it is up to YOU to decide if you wish to continue working towards a discharge back into the community.

The program is strictly voluntary and you can change your mind at any time.



Why does the nursing home staff ask me if I want to talk to someone about returning to the community?

The nursing home staff is required to ask you questions about your care. One question they will ask is, "Do you want to talk to someone about the possibility of returning to the community?" Saying "yes" tells the staff you want more information. It doesn't mean you have to leave the nursing home. The staff will regularly ask this question, since your needs and the services available in the community may change over time.

What will happen if I ask to speak with someone about returning to the community?

1. The nursing home staff will contact Catskill Center for Independence
2. Rachael Halstead, Transition Specialist, from Catskill Center for Independence will call or visit you to learn what services and supports you need.

Then she will look into:

- ◆ Your housing options and/or home modification services
 - ◆ Available services such as help with your medical and personal care
 - ◆ Programs that may help pay for these services (like Medicaid, Medicare, or private insurance).
3. If the services and supports you need are available, you decide whether or not to start the plan to leave the nursing home.
 4. You can change your mind at any time.

