

For more information about the NHTD program, contact your Regional Resource Development Center:

## Binghamton/Southern Tier Region

(Allegany, Broome, Cattaraugus, Cayuga, Chemung, Chenango, Cortland, Delaware, Otsego, Schuylar, Steuben, Tioga, and Tompkins Counties.)  
Southern Tier Independent Living Center  
(607) 724-2111 • [www.stic-cil.org](http://www.stic-cil.org)



You may also contact the:

## New York State Department of Health Office of Long Term Care

One Commerce Plaza, Suite 826  
Albany, New York 12260  
(518) 486-1354

E-mail: [NHTDwaiver@health.state.ny.us](mailto:NHTDwaiver@health.state.ny.us)  
[www.nyhealth.gov/](http://www.nyhealth.gov/)

The Catskill Center for Independence provides services to individuals with disabilities, their family and friends, and members of both the private and business sectors of the community

### Cores Services

Information & Referral  
Systemic and Personal Advocacy  
Independent Living Skills  
Peer Counseling

### Focus Areas

Employment Services  
Transition Services  
Benefits Advisement  
Architectural Barrier Consultation



Catskill Center for Independence  
PO Box 1247  
Oneonta, NY 13820  
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# NYS Nursing Home Transition and Diversion Medicaid Waiver Program

*The Catskill Center for Independence*



*“Every Day Is Independence Day!”*

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## What is the Nursing Home Transition and Diversion Medicaid Waiver Program?

The Nursing Home Transition and Diversion (NHTD) Medicaid Waiver is a program created to offer New-Yorkers with disabilities and senior citizens a way to live in the community. The NHTD program offers a wide range of special services that will help people in their daily lives. These services include re-teaching basic skills, building ramps to allow access to homes, and safety monitoring.



### Who is eligible for the NHTD program?

The program is for people who choose to live in the community instead of a nursing home and who meet these requirements:

- 18 years of age or older
- Eligible for nursing home level of care
- Eligible for Medicaid coverage for community-based long term care

### How does the NHTD Program work?

There are nine agencies located across New York State that can help anyone interested in the NHTD program. Each of these nine Regional Resource Development Center (RRDC) agencies has a Regional Resource Development Specialist (RRDS) who can explain the program. The RRDS helps people get started and assists them in selecting a Service Coordination agency. A Service Coordinator from that agency then works with each person to apply for the NHTD program and to develop a Service Plan. The Service Plan is designed to help the person live safely in the community.

### How can I get involved in the NHTD program?

If you want to learn more about the NHTD program, contact the RRDC agency in your local area. A staff member will be able to give you specific information. You can find your local RRDC office in the list included at the back of this brochure, along with contact information for the New York State Department of Health (NYSDOH).

*The questions below show some examples of the persons who may benefit from the New York State NHTD Medicaid Waiver program:*

**I am in a nursing home after a hospital stay, but I want my own place. How can the NHTD program help me move out of the nursing home?**

The Service Coordinator you choose will visit you and your family in the nursing home. Your Service Coordinator will then help you decide which supports and services you will need to help you return to the community. The Service Coordinator will also assist you with your Service Plan and work to assure that your supports and services are in place when you return home.

**My father lives with us, but I need to go back to work soon. How can the NHTD program help him remain at home while I am working?**

The Service Coordinator your father selects will help him decide which supports and services he needs to remain at home while you are working. The Service Coordinator and the service providers your father selects will then work together to make sure his needs will be met.